

Junior Sailing Hwyllo Iau



Clwb
Hwyllo
Ieuenctid
Pwllheli
A'r
Cylch



Prices Spring / Summer

Pwllheli Sailing Club Annual Youth Membership Fee	£17
Aelodaeth Iau Clwb Hwyllo Pwllheli	
CHIPAC 'Learn to Sail' (10 weeks)	£30
CHIPAC 'Dysgu Hwyllo' (10 wythnos)	
20 weeks of CHIPAC Training or Racing	£60
20 wythnos hyfforddi CHIPAC	
20 weeks of CHIPAC sessions (with your own boat)	£45
20 wythnos (y rhai yn defnyddio cychod eu hunain)	
CHIPAC Training & Racing Sessions (price per session)	£3
Hyfforddi CHIPAC (prisiau bob sesiwn)	

Prisiau Gwanwyn / Haf

Prices Autumn / Winter

Winter Open Training (price per session)	£15
Sesiwn Agored Gaeaf (pris y sesiwn)	
Junior Christmas Regatta & Party	£15
Regeta Nadolig a Parti	

Prisiau Hydref / Gaeaf

For enquiries, please contact:

Ar gyfer ymholiadau, cysylltwch a:

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CHIPAC Co-Ordinator
Gwyndaf Hughes
Senior Instructor
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Pwllheli and District Youth Sailing Club

Welcome

CHIPAC is a fun and friendly junior sailing club for children who live in the vicinity of Pwllheli, North Wales. CHIPAC offers an affordable introduction to a lifetime of sailing enjoyment and a whole host of adventures and new friendships.

Take full advantage of a life by the sea, by venturing out onto the water in one of our club's sailing dinghies, under the supervision, and in the safety, of our team of qualified instructors. Join in the fun of our weekly training sessions for novice sailors on Monday evenings or our Friday evening sessions for more advanced sailors already able to sail a triangular course, and you too can explore the beauty of Pwllheli Bay and learn to race and compete for prizes with your friends.

RYA Approved Training Centre

Pwllheli Sailing Club is an RYA approved Training Centre and every instructor in CHIPAC's team is qualified to RYA standards. CHIPAC therefore not only offers the highest quality in sailing tuition but also the added peace of mind that your child is learning to sail in an environment where safety is of paramount importance to each and every member of our team.



RYA Volvo Champion Club

CHIPAC offers a comprehensive programme of sailing tuition for sailors aged 8 to 17 years old, and whether you are a complete novice taking to the water for the first time, or a champion junior or youth sailor, looking for some advanced racing tips to improve your results at your next championship event, CHIPAC offers a training programme which caters for your needs. In 2011, Pwllheli SC was awarded special status as an RYA Volvo Champion Club, demonstrating our team's commitment to training champion junior sailors in the RYA pathway classes. The club owns a fleet of boats ideally suited for juniors, including those who aspire to join the Welsh sailing squads: Optibats, Toppers, double-handed Fevas and Lasers.

Rasio

Ar ol cwblhau cwrs dysgu rasio CHIPAC cewch ymuno a grwp Nos Wener i rasio neu hwylio am bleser, ac hefyd i wella eich sgiliau. Cewch gystadlu mewn rasmus CHIPAC i'r plant iau a derbyn gwobrau yn y cinio gwobrwyo ar ddiwedd y tymor.

Mae aelodaeth CHIPAC yn cynnwys rhai hwylwyr sydd yn perthyn i garfannau Cymru a hefyd Prydain, a gyda ardal hwylio byd enwog Bae Pwllheli yn ogystal a dyfroedd mwy anturus Bae Ceredigion. Ni fyddwch byth yn fyr o lefydd difyr i hwylio neu gystadlu, beth bynnag fydd eich gallu.

Rhaglen Hyfforddi Gaeaf

Rheda dymor hwylio yr Haf o Ebrill hyd Hydref ond, i'r hwylwyr awyddys i hwylio dros y gaeaf, mae Clwb Hwylio Pwllheli yn cymeryd rhan yn rhaglen Hwylio Gaeaf Gogledd Cymru. Cynnigir chwe diwrnod ymarfer rasio yn ystod y Gaeaf am £15 y sesiwn.

Regeta Iau

Cwblheir tymor hwylio yr Haf gyda Regeta iau sydd yn ddigwyddiad hwyliog gyda'r plant yn mwynhau ei hunain ar y dwr ac ar y traeth. Drwy yr haf gall yr aelodau gynrychioli 'Tim Chipac' yn y cystadlaethau Rhanbarthol neu yng ngwyl 'OnBoard' Gogledd Cymru yn Y Bala yn 'nechrau mis Medi.

Yn mis Rhagfyr cynhelir Regeta Nadolig yma ym Mhllheli ble y bydd hwylwyr iau o wahanol glybiau Gogledd Cymru yn cymeryd rhan.

Racing

Once a sailor has completed CHIPAC's *Learn To Race Course*, you can drop-in to any of our Friday evening junior racing sessions, and compete with your friends for prizes in CHIPAC's junior racing series. On-the-water coaches are available to offer race tips and advice to help improve your boat-handling skills, starting or race tactics for better results. CHIPAC's junior members include a number of GBR and Welsh squad champion sailors. This, together with the world-class waters of both Pwllheli Bay and the more challenging waters beyond the breakwater, means that you will never be in short supply of some interesting and challenging racing competition whatever your level of sailing ability.

Winter Training Programme

The Summer sailing season runs from early April to the end of October each year. However, for the keen young sailor wishing to maintain or progress their sailing and racing skills throughout the winter season, Pwllheli Sailing Club participates in the *North Wales Winter Open Training Programme* in conjunction with The Welsh Yachting Association. Six race training days are offered to junior and youth sailors at Pwllheli Sailing Club spanning the winter season for just £15 per session.

Junior Regattas

The Summer sailing season culminates in a celebration, with a Summer Junior Regatta. During this fun event, sailors compete for prizes in a one-day junior racing series, followed by a prize-giving ceremony and BBQ. Throughout the Summer season, CHIPAC members can represent TEAM CHIPAC, at the regional junior sailing competitions (The CYRC Series: Club Youth Racing Circuit) or at the North Wales OnBoard Festival at Bala during the first weekend in September. In December, Pwllheli SC plays host to the Christmas Regatta where junior sailors from around the North Wales' region come together to celebrate the festive season, by doning Santa hats, decorating their boats with tinsel and a party celebration.

Croeso

Clwb hwylio i blant a ieuencid yr ardal yw CHIPAC. Am cyn lleiad a £60 am gwrs 20 wythnos, cyflwyna y Clwb gyfle fforddadwy i flynyddoedd o fwynhad hwylio gyda lluo o anturiaethau a chyfleon i wneud ffrindiau newydd.

Cymerwch fantais o fywyd ger y mor, trwy fentro allan arno yng nghwch hwylio eich Clwb, dan arolwg ac yn niogelwch ein tim o hyfforddwyr cymwysedig. Dewch draw i'r sesiynau ymarfer wythnosol i ddysgwyr, ar nosweithiau Llun, neu ar nosweithiau Gwener i hwylwyr profiadol, ac fe gewch chwithau hefyd brofi harddwch bae Pwllheli, mwynhau hwylio, dysgu rasio a chael cystadlu am wobreuon gyda eich ffrindiau.

Canolfan Hyfforddi Cymeradwy Y Gymdeithas Hwyllo Frenhinol

Mae Clwb Hwyllo Pwllheli yn Ganolfan Hyfforddi wedi ei gymeradwyo gan Y Gymdeithas Hwyllo Frenhinol ac mae pob hyfforddwr (hyfforddwraig) yn nhim CHIPAC gyda chymwysterau y Gymdeithas. Mae'r Clwb, ddim yn unig yn cynnig hyfforddiant hwylio o'r safon uchaf, ond hefyd yn rhoi heddwch meddwl fod eich plentyn yn dysgu hwylio mewn awyrgylch ble mae diogelwch o bwysigrwydd arbennig i bob aelod o'r tim.

Clwb Pencampwr Volvo Y Gymdeithas Hwyllo Frenhinol

Mae CHIPAC yn cynnig rhaglen cynhwysfawr o hyfforddiant i hwylwyr rhwng 8 a 17 mlwydd oed, os ydych yn hollol newydd i hwylio neu yn bencampwr yn edrych am hyfforddiant arbennigol, mae'r Clwb yn cynnig rhaglen dysgu i'ch gofynion chi. Yn y flwyddyn 2011 cafodd Clwb Hwyllo Pwllheli ei enwi fel Clwb Pencampwr Volvo Y Gymdeithas Hwyllo Frenhinol, sydd yn dangos ymrwymiad ein tim i ddysgu ieuencid ar y llwybr a gynghorir gan y Gymdeithas. Mae CHIPAC yn berchen ar llynges o gychod o wahanol ddisbarthiadau priodol i hwylwyr ifanc sydd a'i golygon ar ymuno a charfan hwylio Cymru, ynogystal a rhai sydd eisiau hwylio hamdden yn unig. Optimist, Topper, Feva (cwch dwvllaw) a Laser.

Training

Learn to Sail RYA Stage 1 & 2 10 week course

This course will teach the complete beginner how to sail a triangular course single-handedly in good weather conditions. Course syllabus includes: Rigging, Steering, Basic Boat Handling, Tacking, Gybing, Controlling boat speed, Follow-my-Leader, Ropework, Collision avoidance, Launching & Recovery, Capsize Recovery & Sailing Theory

Monday Evenings
5.00pm-7.30pm

April-June
or July-Sept



Learn to Race 20+ week course

This course aims to build sailing confidence, escorting sailors further around the bay, as well as introducing more advanced boat handling skills and an introduction to club racing. Course syllabus includes: tacking, gybing, mark rounding, hiking & kiting downwind. Maximising boat speed using the 5 essentials of sailing. Starting practise, an introduction to race flags, race rules and collision avoidance and understanding the race course.

Friday Evenings
5.00pm-7.30pm

April-Oct



Advanced Racing 20+ weeks

A pre-dominantly practical course which builds on sailors' basic racing skills to improve the key principles of starting, boat-handling, boat speed, strategy and tactics. On-the-water coaches offer tips and advice around the race course to develop race tactics to enable the junior sailor to confidently compete in junior club racing, open meetings, and regional/national junior competitions. Syllabus includes: 5 essentials of sailing plus roll-tacking and bailing upwind.

Friday Evenings
5.00pm-7.30pm

April-Oct

Hyfforddiant

Dysgu Hwyllo GHF Gradd 1 & 2 10 Wythnos

Bydd y cwrs yn dysgu hwylwyr di brofiad syt i hwyllo cwrs triongl mewn tywydd da. Cynnwys y cwrs: rhaffau cwch, llywio, trin cwch i safon elfennol, troi i'r gwynt ac oddi wrth y gwynt, rheoli cyflymder y gwch, dilyn yr arweinydd, gwaith rhaff, osgoi damwain lansio a derbyn, dymchwel a chodi a peth gwaith hwyllo damcaniathol.

Nosweithiau Llun
5.00yh-7.30yh

Ebrill- Mehefin
Gorff-Medi



Dysgu Rasio Cwrs 20+ wythnos

Anela y cwrs at adeiladu hyder hwyllo, hebrwng yr hwylwyr ymhellach o gwmpas y bae, ynogystal a chyflwyno cystadlu ar safon Clwb. Cynnwys y cwrs: ffordd gywir o fynd o gwmpas mac, eistedd allan a defnyddio hwyl 'lawr gwynt. Defnyddio y "5 hanfodol". Ymarfer cychwyn, cyflwyniad llumanau ras, rheolau rasio, osgoi damweiniau a deall y cwrs rasio.

Nosweithiau Gwener
5.00yh-7.30yh

Ebrill-Hydref



Rasio Uwchraddol 20+ Wythnos

Cwrs mwy ymarferol sydd yn adeiladu ar sgiliau elfennol i wella y prif sgiliau rasio. Bydd hyfforddwyr ar y dwr yn dilyn yr hwylwyr ac yn ei cynghori er mwyn i'r hwyliwr llai profiadol gael mwy o hyder i gystadlu yn rasmus plant iau y clwb, ac efallai mewn cystadleuthau rhanbarthol / cenedlaethol.

Nosweithiau Gwener
5.00yh-7.30yh

Ebrill-Hydref