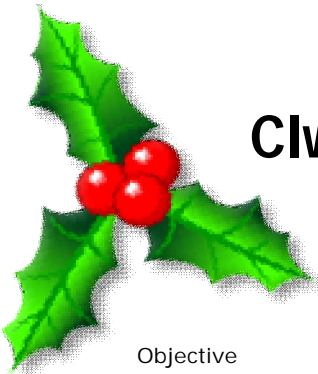
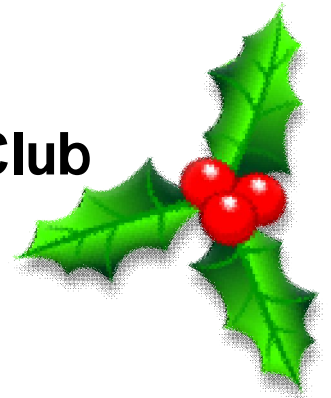


Christmas Regatta Nadolig

18th December 2011



Clwb Hwyllo Pwllheli Sailing Club *Sailing Instructions*



Objective

A days racing to include training and coaching, to build on the North Wales Training plan. Whilst quality racing is the intention of the series, courses maybe adapted and training / coaching may be provided to suit the age and ability of competitors.

The regatta will cater for experienced racers through to novice sailors travelling to their first event.

There will be 5 fleets

General Handicap fleet - To include all 3 Laser sail sizes and other GH boats

Topper - To provide racing for all Topper class, including Topper 4.2 Sailors.

Separate prizes may be awarded for Gold, Silver, Training and 4.2 fleets.

Optimist – to provide racing for all optimist class sailors. Separate prizes will be awarded for gold and silver fleets

Optimist Training - Racing & Training provided to all subsequent "Development" Squad Optimists or equivalent Windsurfer

Ethos

It is the ethos of CHPSC to welcome and help less experienced sailors. Experienced (Gold) fleet sailors and parents are asked to always assist less experienced sailors at these events. E.g. check rigging, advice on how to replace unsuitable kit, where to go, launching etc.

Additional Note

A Helping Hand

It is encouraged that sailors of Gold / National Squad standard help sailors new to racing. Area Gold sailors may be asked to help with checking rigging before racing, suggesting required set up for wind conditions etc. It is also encouraged that experienced sailors help new sailors on the water where possible, e.g. where to start.



1.0 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2 Competitors should note that CHPSC implements the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the RYA rule book (Racing Rules of Sailing 2009-2012) or at www.rya.org.uk/racing/charter

2.0 CONDITIONS OF ENTRY

- 2.1 Insurance
Each yacht, and the helmsman who sails her, shall be covered by third party insurance to a minimum value of £2,000,000.
- 2.2 Classes and eligibility
Racing will be in the Optimist, Topper, Handicap classes. Entries will be accepted in these classes from sailors under the age of 19 years on 31/12/11 (Optimist sailors under 16 on 31/12/11)
Classes' maybe further split into Gold, Silver and Training fleets. At the discretion of the organizing authority any Silver fleet Sailor finishing an event in the top 5 may be promoted to the Gold fleet for the remainder of the Series
- 2.3 At the discretion of the organizing authority separate classes may be introduced for sailors over the age of 19 years.

3.0 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board, which will be located in the Clubhouse

4.0 CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions (SI) will be posted at least 30 minutes before the advertised starting time of the race or races concerned.

5.0 SIGNALS MADE ASHORE

Signals may be made ashore; will be made on the flagstaff by the launching area.

6.0 SCHEDULE OF RACES

- 6.1 A Maximum of 5 races are scheduled. These may be run back to back, confirm at registration.
Warning signals: 1055 for the 1st race of the day.

7.0 CLASS SIGNALS.

Optimist	Optimist Class flag or International Code Flag O	*
Topper	Topper class flag, or International code flag T	*
General Handicap	Laser class flag or International code flag G	*
*	Check at briefing	

8.0 COURSE AREAS

- 8.1 The course areas are displayed at appendix B.

9.0 THE COURSE

- 9.1 The course configuration and order of rounding marks will be as shown in Appendix A to these Sailing Instructions.
- 9.2 The Course will be identified by the display of the appropriate numeral pennant below the class flag during starting sequence.
- 9.3 If no numeral pennant is displayed, Optimists will sail course '2', Topper Fleet and Handicap will sail course '1'.
- 9.4 training fleets will use marks 1A as their first mark where indicated

10.0 MARKS

- 10.1 Course marks to be used will be cylindrical inflatable buoys as below

GH Fleet & Topper, Optimist and sailboard Yellow,
Optimist training fleet mark 1a will be a blue cylindrical buoy

- 10.1 Starting marks will be a race committee boat at the starboard end (including any buoy object or boat attached to it for the duration of the starting period) and a boat or buoy with an orange flag at the port end.
- 10.2 Finishing marks will be a race committee boat and a boat or buoy with a blue flag [Changes race signals]

11.0 THE START

- 11.1 The starting line will be between a staffs displaying an orange flags on the starting line
- 11.2 Boats whose warning signal has not been made shall avoid the starting area.
- 11.3 In the event of General Recall the warning signal for the recalled class shall be made after the start of the next fleet. Changes rule 29.2.

11.4 The start sequence will be:

- 5 minutes – Warning signal up
- 4 minutes – Preparatory signal up
- 1 minute – Preparatory signal down
- 0 minutes – Warning signal down

The warning signal for subsequent class will be at the starting signal of the previous class that has started correctly.

12.0 THE FINISH

12.1 Finishing Line

The finishing line will be between a staff displaying blue flags on the finishing marks

- 12.2 The position of the finishing line relative to the course will be as shown in Appendix A
- 12.3 Boats may be finished at any point on the course by a race committee boat displaying Flag W Or letter W accompanied by 1 sound signal.

13. Shortening Course

- 13.1 Courses 1, 2 3, and 4 may be shortened at any mark. When Flag S is displayed with 2 sounds Signals, the course is changed the intended leeward mark is the last mark of the course. Pass to Port and finish.

14.0 TIME LIMIT

- 14.1 A Race time of 1 hour and Mark 1 time limit of 20 minutes shall apply to the lead boat in Each class.

15.0 PROTESTS

- 15.1 Protests shall be written on forms available at the race office and delivered there within 30 minutes after the time of the last boat's finish in their class. If races are sailed back-to-back protests shall be lodged within 30 minutes of the finishing time of the last boat in their class.
- 15.2 Protests will be heard in approximately the order of receipt as soon as possible.
- 15.3 All boats intending to Protest, must report to the appropriate Committee Boat at the end of each race. Failure to do so will render the Protest invalid. This changes rule 61
- 15.3 Protests will be heard in approximately the order of receipt as soon as possible.

16.0 SCORING SYSTEM

- 16.1 The event will be scored using Appendix A Low point scoring system.
- 16.2 Each boat's event score will be the total of her race scores with her worst score discarded if 3 or more races have been completed.
- 16.3 One race is required to be completed to constitute a series.

17.0 PRIZES

- 17.1 Each event will have prizes for each class; the overall circuit Prize will count 4 event results with 1 discard.

18.0 OUTSIDE HELP

At the discretion of the race committee support boats may help competitors. This amends Rule 41. The application of this SI shall not give grounds for redress. The extent of help will be dependent on ability; examples may include shortening courses for these boats, providing alternative courses to suit the conditions, coaching etc.

19.0 DISCLAIMER OF LIABILITY

19.0 Competitors participate in the event (s) entirely at their own risk. See rule 4, Decision to race and item 15 of the Notice of Race. The organizing authority will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior, during, or after racing.

20 SAFETY REGULATIONS

- 20.1 Competitors shall wear adequate personal buoyancy at all times while afloat. Inflatable buoyancy vests are not permitted. Flag Y will not be displayed, this changes rule 40.1.

- 20.2 Check out and check in. The requirements of this instruction are specified for the safety of competitors.
- (a) The tally control point to check out and check in competitors will be at the end of the boat park near the launching ramp.
- (b) Tallies comprise numbered rubber wristbands. Numbers will be allocated at registration, and posted on the official notice board. Tallies should be worn visibly over clothing, on the right wrist by both helm and crew at all times while afloat.
- (c) Both helm and crew will individually check out before racing by personally collecting their tally.
- (d) Both helm and crew shall individually check in immediately on returning to shore after racing but no later than the protest time limit by returning the tally personally to tally control.
- (e) The penalty for failure to comply with this instruction will be 5 points added to the boat series score for each infringement. A list of boats that have infringed will be posted on the official notice board before the protest time limit. This changes rule 63.1
- 20.3 A boat that retires from a race shall notify the race committee as soon as possible
- 20.4 Boats shall follow the instructions of the patrol boats. Infringements will be reported to the race committee, which may protest the boat. Boats penalised under this instruction may be scored DNE, or such other penalty that the protest committee may decide. This changes rule 64.1(a)
- 21 REPLACEMENT OF CREW OR EQUIPMENT
- 21.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 21.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.
- 22 RUBBISH DISPOSAL
- Boats shall not put rubbish in the water. Rubbish may be placed aboard support and race committee boats.
- 23 BERTHING
- Boats shall be kept in their assigned places in the boat park.

Diagrams of flags mentioned in these instructions

Code Flag G
GH & Lasers



Code Flag T
Toppers



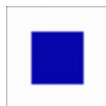
Code flag O
Optimist



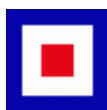
Code flag B



Code flag S
Shorten course



Code flag W
Finishing on the course

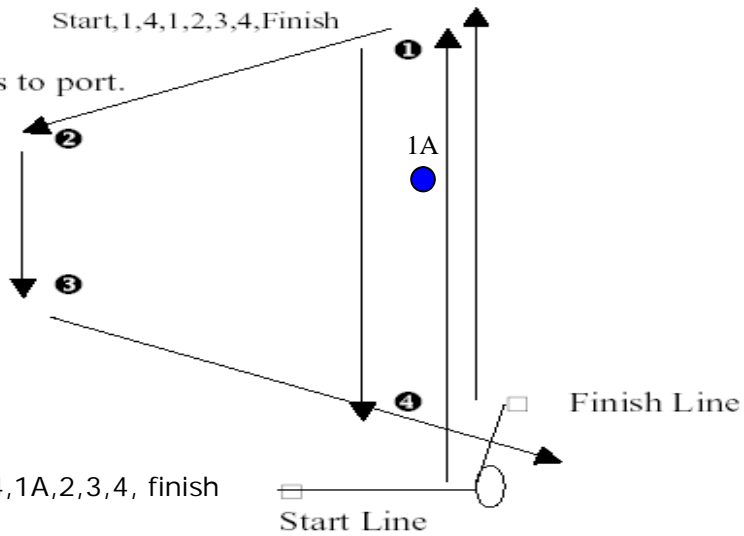


Appendix A

Course 1

Start,1,4,1,2,3,4,Finish

All rounding marks to port.

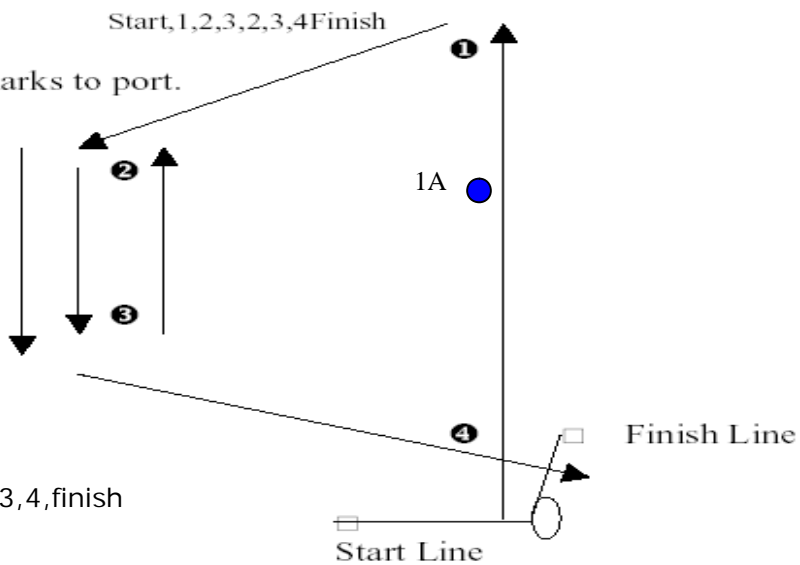


Training fleet: 1A,4,1A,2,3,4, finish

Course 2

Start,1,2,3,2,3,4Finish

All rounding marks to port.

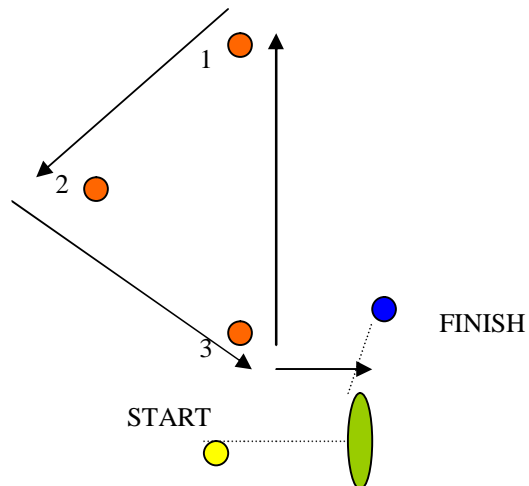


Training fleet: 1A,2,3,4,finish

COURSE 3

Start,1,2,3, 1,2,3,1,2,3, 1,2,3, finish

All Rounding to port



COURSE 4

Start,1,3, 1,3,1,3, 1,3, finish

All Rounding to port

Appendix B

Race Areas

